

# Children's cardiac nurse specialists

Information for young people and their families with congenital heart







#### The team

The team consists of experienced Children's Cardiac Nurses who help care for children with heart problems and their families. They work within the Children's Heart Unit, in outpatient clinics and can make visits to home or school.

The team provides a service to any family living in the Yorkshire or North Derbyshire area that has a child with a heart condition.

The service operates weekdays

08:00am - 16:00pm

**Tel:** 0113 392 5467

Email: ccns.lgi@nhs.net



Find us on Facebook - Leeds Congenital Heart Unit

There is also an answerphone where messages can be left and advice can always be obtained from Ward L51 staff

Tel: 0113 392 7451

#### Referral

Referrals to the team are accepted from health workers, schools and families.

One of the team will be identified to respond to the referral and follow up.

Referrals will be responded to within two working days.

#### How we may be able to help

- By helping families to understand the heart condition and treatments
- By being a link with medical staff
- By being a resource for health visitors and school nurses
- By arranging contact with local healthcare services
- By giving information and advice to schools/colleges
- By talking to sports/games teachers regarding activity
- By liaising with careers advisors
- By discussing family planning
- By advising on issues such as holding a driving licence
- By being there to listen

#### **Associations / Websites**

#### **Leeds Heart Unit website:**

www.leedscongenitalhearts.com

This website contains information about the Leeds Unit and has sections from fetal diagnosis to moving into adult service.

## **British Heart Foundation**

www.bhf.org

The British Heart Foundation is the nations's heart charity, providing up to date patient information relating to Congenital Heart Disease.

#### **Down's Heart Group**

This group gives support to families with a child with Down's Syndrome and a heart problem.

Tel: 01525 220 379

The Somerville Foundation www.thesf.org.uk

This is a national charity supporting patients born with complex heart conditions who are now teenagers or adults.

#### **Students**

The team is involved in the training of student nurses. This can mean that, at times, there will be one present when you see the nurse specialist. Your support with this would be appreciated, however, if you would prefer that the student is not present please let us know.

### **Comments, Compliments and Complaints**

We aim to provide the highest possible standard of healthcare for people using our service. If you have a comment or suggestion to make, or you are dissatisfied with the care provided, please tell the person concerned. We will do our best to respond quickly, in accordance with the Trust Policy.

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Developed by: Elaine Woolley, Cardiac Nurse Specialist

Produced by: Medical Illustration Services • MID code: 20160119\_006/BP

LN003815 Publication date 06/2016 Review date 06/2018