

LEEDS CONGENITAL HEARTS

ACHD Study Day: Thursday 18th January 2018

SAVE THE DATE

“Demystifying Congenital Heart Disease” Caring for the Adult Congenital Heart Patient

Speakers include members of the Adult Congenital
Team & patients

Location:

Littlewood Hall Education Centre
Leeds General Infirmary
Great George Street
Leeds
LS1 3EX

Time: 8.30am - 3.45pm

£10 Registration Fee

Lunch included (Provided by Childrens Heart
Surgery Fund)

**Email Simon Morgan (Clinical Educator) if
interested: simon.morgan6@nhs.net**

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Schedule

8.30am: Registration & coffee

9am: Introductions about the day & Housekeeping
(Simon Morgan, Clinical Educator)

9.10am: Setting the scene
(Jo Quirk, ACHD Nurse Specialist)

9.30am: The NHS Standards & Network
(Debra Wheeler, Network Manager)

9.50am: Acute Care of the ACHD patient
(Dr James Oliver, Consultant Cardiologist)

10.20am: Top Tips for managing psychological issues relating to ACHD patients
(Dr Sara Matley, Clinical Psychologist)

10.40am: Coffee

11am: Workshops (Choose 1 of 4)

12.15-1pm: LUNCH provided by Children's Heart Surgery Fund

1pm: Workshops (Choose 1 of 4)

2.15pm: Heart Failure - Is the care different to the acquired patient?
(Dr Damien Cullington, Consultant Cardiologist)

2.45pm: The Past, Present, Future care of the ACHD patient
(Dr Kate English, Consultant Cardiologist)

3.30pm: Questions, Evaluation

3.45pm: END

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Workshops

1: Care of the patient with aortic valve disease

Discussion to include valve surgical options, pregnancy risk & contraception choices. Facilitated by Emma Pick, Nurse Specialist & Helen Parry, SpR ACHD.

2: Healthy Living & Exercise

An opportunity to discuss exercise limitations, contraindications & information about the Research project relating to Fontan patients. Facilitated by Emma Beaglehole & Sarah Hibbert, Specialist Physiotherapists.

3: Transition from paediatric to adults

Discussion to include the psychological effects of chronic illness and issues relating to patients with learning disability. Facilitated by Jo Birkett, Nurse Specialist & Dr Sara Matley, Psychologist.

4. Living with cyanotic heart disease including the patient's perspective

Facilitated by Jo Quirk, Nurse Specialist & an adult congenital patient.

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